# **Harmony Lake Children's Camp Packing List**

It's Camping Season!

We ask that campers come with enough clothes for for 7 days since we only do laundry once or twice and have to wash it by hand.

It can get a bit chilly, please bring some appropriatly cool weather clothes.

Please label your childs belongings. Please label all luggage in Large Print.

Please notify the camp doctor if there are any medicines your child needs to take durring camp. If your child has a severe allergy please include 2 EPI pens

## **CLOTHING**

Shirts Jacket / Sweater / Sweatshirt

Pajamas Underwear Socks Shorts

Swim Suit Jeans / Pants

Hiking Boots / Sturdy Sneakers Shoes
Sandals with Back (no flip flops) Sun Hat

Rain Gear

#### **TOILETRIES**

Towels & Washcloth Shampoo

Soap (eco friendly, recommend Dr. Bronners)

Toothbrush & Toothpaste

Brush / Comb Sunscreen

Insect Repellent Deodorant (no spray on)

#### **BEDDING**

Pillow & Pillow Case Sleeping Bag

Sleeping Pad!

### **MISCELLANEOUS**

Books and games Letter Writing Materials
Flashlight (and batteries) Backpack (for day hikes)

Water Bottle Laundry Bag

## Please leave the tools listed below at home:

Any and all technology Watches (or other time telling devices)

Food / Drinks (there are wild animals) Digital Cameras